



Blackpool Catering Services

# LUNCH TIME MENU

## WEEK 1

01.04.24  
22.04.24  
13.05.24  
03.06.24 (hols)  
24.06.24  
15.07.24  
05.08.24  
26.08.24 (hols)  
16.09.24 & 07.10.24



### Monday

(v) Chilli & Wholegrain Rice  
or  
(v) Meatballs with Tomato Sauce & Wholegrain Pasta  
~  
Garden Peas & Sweetcorn  
~  
(v) Jacket Potato & Baked Beans  
~  
(v) Grated Cheese Sandwich  
~  
Arctic Roll & Fruit Sauce

### Tuesday

Roast Pork & Gravy  
or  
(v) Plant Power Veggie Roll  
~  
Roast Potatoes & Carrot Batons  
~  
Jacket Potato & Tuna Mayo  
~  
Roast Ham Sandwich  
~  
Cook's Choice Sponge



### Wednesday

Reduced Fat Sausages & Gravy  
or  
(v) Cook's Homemade Pizza  
~  
Chips & Beans  
~  
Jacket Potato & Grated Cheese  
~  
Tuna Mayo Sandwich  
~  
Golden Oat Cookie

### Thursday

Chicken Curry, Wholegrain Rice & Naan Bread  
or  
(v) Cheese Flan & New Potatoes  
~  
Diced Carrots & Garden Peas  
~  
Jacket Potato & Baked Beans  
~  
Turkey Sandwich  
~  
Jelly with Fruit Cocktail



### Friday

Fish Fingers  
or  
(v) Crispy Coated Golden Nuggets  
~  
Potato Wedges & Baked Beans  
~  
Jacket Potato & Grated Cheese  
~  
Grated Cheese Sandwich  
~  
Vanilla Shortbread

## WEEK 2

08.04.24 (hols)  
29.04.24  
20.05.24  
10.06.24  
01.07.24  
22.07.24 (hols)  
12.08.24 (hols)  
02.09.24  
23.09.24



### Monday

(v) Wholegrain Cheese & Tomato Pasta & Wholemeal Bread  
or  
(v) Vegetable Curry with Wholegrain Rice  
~  
Mixed Garden Peas & Sweetcorn  
~  
Jacket Potato & Baked Beans  
~  
Grated Cheese Sandwich  
~  
Chocolate & Orange Mousse

### Tuesday

Roast Chicken Dinner  
or  
(v) Cheese Lattice  
~  
Fresh Broccoli, Cauliflower, Roast Potatoes  
~  
Jacket Potato & Tuna Mayo  
~  
Roast Ham Sandwich  
~  
Blueberry Muffin



### Wednesday

Beef Burger in a Bun & Potato Wedges  
or  
(v) Hot Dog & Potato Wedges  
~  
Baked Beans  
~  
Jacket Potato & Grated Cheese  
~  
Grated Cheese Sandwich  
~  
Cook's Choice Fruity Flapjack

### Thursday

Beef Lasagne with Crusty Wholemeal Bread  
or  
(v) Mexican Mixed Vegetable Tortilla Wrap  
~  
Seasonal Veg or Salad  
~  
Jacket Potato & Baked Beans  
~  
Tuna Mayo Sandwich  
~  
Jam Sponge & Custard



### Friday

Crispy Seaside Salmon Fillet  
or  
(v) Cheese & Tomato Pizza  
~  
Chips & Garden Peas  
~  
Jacket Potato & Beans & Cheese  
~  
Turkey Sandwich  
~  
Chocolate Rice Crispy Cake

## WEEK 3

15.04.24  
06.05.24  
27.05.24 (hols)  
17.06.24  
08.07.24  
29.07.24 (hols)  
19.08.24 (hols)  
09.09.24  
30.09.24



### Monday

(v) Wholegrain Mac n' Cheese  
or  
(v) Meatball Sub  
~  
Garden Peas & Sweetcorn  
~  
Jacket Potato & Grated Cheese  
~  
Grated Cheese Sandwich  
~  
Strawberry Yoghurt & Fruit Sauce

### Tuesday

Savoury Mince, Yorkshire Pudding & Gravy  
or  
(v) Plant Power Sausages & Yorkshire Pudding  
~  
Roast Potatoes, Carrot & Swede  
~  
Jacket Potato & Tuna Mayo  
~  
Roast Ham Sandwich  
~  
Cook's Choice Cookie

### Wednesday

Wholegrain Pasta Bolognese  
or  
(v) Cheese & Tomato Pasta  
~  
Garden Peas & Wholemeal Bread  
~  
Jacket Potato & Grated Cheese  
~  
Tuna Mayo Sandwich  
~  
Cornflake Cake

### Thursday

BBQ Chicken & Cheese Melt with Mixed Rice  
or  
(v) Vegetable Curry, Naan Bread & Wholegrain Rice  
~  
Seasonal Vegetables  
~  
Jacket Potato & Baked Beans  
~  
Turkey Sandwich  
~  
Lemon Biscuit

### Friday

Crispy Battered Fish  
or  
(v) Southern Fried Quorn Wrap  
~  
Potato Wedges & Baked Beans  
~  
Jacket Potato & Beans & Cheese  
~  
Grated Cheese Sandwich  
~  
Raspberry Bun

**AVAILABLE DAILY:** wholegrain bread basket, yoghurts, freshly prepared selection of fruit and fresh water – all our menus are compliant with the School Food Standards – we source as much of our products locally and where possible we source farm assured meats, MSC fish and free range eggs. Lo-Salt is always used as well as low fat milk and yoghurts –we have reduced sugar by 10% in all our recipes. If you require advice regarding allergens, please contact the unit catering manager.