



Devonshire Primary Academy

PE Curriculum Intent

Formal Curriculum - As part of the Sea View Trust, we have alignment through our **Curriculum Skeleton**, a Trust Milestone Framework, which is a series of progression documents that offer the widest possible breadth and balance. The Curriculum Skeleton incorporates **National Curriculum** end of key Stage age-related expectations. Within it, we ensure that our children are provided with knowledge above and beyond that of the National Curriculum.

- There are **two hours** of PE taught per week, one indoors in the hall; the other outdoors on the MUGA.
- High-quality outside agencies/coaches are employed to deliver aspects of the curriculum/CPD (where appropriate).
- Each PE lesson should begin with a **warm-up** before physical activity to prepare mentally and physically for the activity and end with a **cool-down**.
- Lessons are taught sequentially with a focus on developing skills/motor competency and holistic development.
- Progression begins in **EYFS** where the assessment focus is gross motor skills, personal and social development and active learning. **KS1** children develop their Fundamental Movement Skills and **explore** movements, in **LKS2** children **develop** these skills further and in **UKS2** children **refine/master** these skills.

Additional Curriculum - Inclusive sports/activities are offered through festivals and competitions such as Panathlon Challenge, Boccia etc. Individuals, who require further support to access our PE curriculum, will have activities differentiated through the **inclusive STEP** model.

- SPACE
- TASK
- EQUIPMENT
- PEOPLE
-

Change4Life, which aims to change the behaviours and circumstances that lead to weight gain, is utilised to target children at workshops/festivals and after school clubs that increase physical activity and promotes children's **health and wellbeing**.

Enrichment opportunities:

- Annual **Health and Well-being Week**: this enhances the curriculum, where external agencies and sports professionals provide high-quality PE/health-related workshops that are considered sustainable and/or alternative. This week also helps to contribute to public health by effectively promoting active lifestyles and raising aspirations.
- **School Games Week**: takes place in June each year where children participate in a programme of inter-school competitions against other local schools. Children encompass the School Games values of: teamwork, determination, passion, self-belief, respect and honesty.
- As part of the School Games programme, engagement at a variety of competitions/festivals/shows/trips is an integral part of our school sports offer.
- Additional **swimming sessions** take place to ensure that all children meet the NC requirements of swimming **25m competently, confidently and proficiently** by the end of Year 6. Children will also learn safe self-rescue techniques. This is a priority for us since we are a coastal school.
- **After/Before School Club Provision**: Our comprehensive extra-curricular provision allows all children the opportunity to participate which helps contribute to the development of the whole child. A range of PE-related clubs are offered to children in KS1 and KS2. We have a school football and netball team who train weekly and attend regular tournaments/fixtures. Four times a week there is a Wake-up, Shake-up club that runs before the school day in the hall.
- **Active Travel to School**: Children are encouraged to travel sustainably and actively to school for a minimum of once-a-week. This is monitored through the **Living Streets WOW Walk to School Challenge** Tracker. Children receive a badge each month for travelling actively each week.

Vision - At Devonshire Primary Academy we believe all children should have access to a high quality Physical Education, which is at the core of our whole-school curriculum.

Our P.E. curriculum aims to:

- provide planned and progressive lessons, ensuring that all pupils develop physical literacy: first we learn to move and then we move to learn;
- develop their physical literacy through developing motivation, confidence, physical competence, knowledge and understanding that provides children with the foundations for lifelong participation in physical activity;
- provide opportunities for our children to become engaged in a range of competitive, physically demanding activities. These are taught through games, dance, gymnastics, swimming (including water safety), athletics and outdoor/adventurous activities;
- be inclusive, broad, balanced and enriching, ensuring opportunities for all to excel in a wide range of physical activities which encourage children to lead healthy, active lives;
- give opportunities for physical fitness to take place for sustained periods of time and to allow the children the opportunity to take on leadership roles, which can build character and embed values such as fairness and respect.

Our comprehensive extra-curricular provision allows all children the opportunity to participate which helps contribute to the development of the whole child.

The purpose of our curriculum is to contribute to the recommendation that children between the ages of 5 and 18 should be physically active for 60 minutes a day across the week. Children at Devonshire are given opportunities to experience, enjoy and excel in high quality PE and school sport incorporating a diverse range of motivational activities which offer life-long learning

Developmental Curriculum - The DEVELOPMENTAL curriculum describes the spiral nature of the curriculum where children are developed from their individual starting points and prior learning is established and built upon.

This is achieved through the use of knowledge organisers (which break Threshold Concepts down in to granular knowledge) and carefully **planned, sequential** lessons that build on **prior knowledge**

Our PE curriculum is bespoke to our school and has a physical skills based approach. Skills (such as **Fundamental Movement Skills**) are repeated and build-upon from **exploring to developing/refining/mastering** and applied in team games or performances. As part of this, children also have the opportunity to develop holistically which helps give them the building blocks for life post 11.

Every child is given the opportunity, within PE lessons, to participate in **leadership** opportunities e.g.– setting up the equipment/putting the equipment away safely, supporting the warm ups, leading a modified small sided game/activity. Children have the opportunity to lead activities at lunchtimes and events at reception/KS1 sports days, too.

Outdoor Education (Year 5/6 Residential Trip) –

Each year UKS2 children attend a residential at **Borwick Hall** which offers children the opportunity to experience an active selection of activities linked to outdoor pursuits before their transition to high school.

In addition to this, we endeavour to ensure our UKS2 children attend the '**Outdoor Revolution**' activities on offer at Stanley Park which include: low/high ropes, mole hill, bouldering/climbing, kayaking and team building exercises such as raft building. These activities challenge our pupils through overcoming fears and helps to promote resilience and a growth mindset. As well as improving self-esteem and a sense of pride in achieving personal goals/challenges.

